

**University of Vaasa**  
**Department of Management and Organization**



**LEADEC TEAM**

**MBTI SERIES 17**

**VESA ROUTAMAA & HELI PEHKONEN:**

**Psychological types and life-style among managers and business students. 1999.**

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**Summary**

*The primary focus of this study was the relationship between the MBTI and life-style orientations in terms of aggressive, conforming, defensive, individualistic, or resistive behavior. The MBTI and the life-style questionnaire were administered to 321 managers and business students. The highest values in each life-style were compared to the total sample. According to the results, there are many significant relationships between life-style and psychological types. Es, Is, Ns, IJs, NTs, SJs, TPs, ENs, ISs, and Sdom or Tdom, and at the type level, ISTJs and ENTJs, among others, are significantly underrepresented or overrepresented among the upper quarters of certain life-style categories.*